ST.IVES INFANT SCHOOL MENU-Summer 1- MENU 2023

Week	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY			
	Pasta Day	Children's Favorites	Traditional Roast <u>Day</u>	Give it a go day	Chip Day			
	Bacon and Roast vegetables Pasta Bake (celery, wheat)	100% Beef Burgers (wheat)	Tender Roast Turkey Breast	Chicken Chow mein & Noodles (eggs, wheat)	Cod in batter (fish, wheat)			
	Cheesy Broccoli Pasta Bake (V) (dairy, wheat)	Vegi Burgers (V) (wheat, celery)	Quorn Sausages (wheat, soy) roast potatoes, stuffing (milk, wheat, celery) Yorkshire puds (V) (milk, eggs, wheat)	Veg chow mein & rice (gluten)	Veggie nuggests (V) (wheat, celery)			
Week 1	Garlic bread (dairy/wheat) Carrots/sweetcorn Tomato salad	Baps (wheat) Mixed veg medley Tomato Ketchup Potato wedges Sweetcorn salad	Gravy (wheat) Savoy cabbage Carrots/Swede	Green beans/Carrots Cucumber salad Homemade Flat breads (wheat)	Chips Peas/beans Coleslaw (egg)			
	Raspberry/choc muffins (wheat, egg, dairy) Yoghurt (milk) Fresh fruit salad Jelly pots	Raisin oat cookies (wheat, dairy, egg) Jelly Fresh fruit & Yoghurt (milk)	Summer fruit crumble (wheat, dairy) Custard (dairy) Fresh fruit Yoghurts (milk)	Vanilla Sponge iced (egg, dairy, wheat) Fruit Jelly Yogurts (milk)	Fresh fruit & Ice cream (dairy) Jelly pots Yogurt (milk)			
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	<u>Pasta Day</u>	Children's Favorites	<u>Traditional Roast</u> <u>Day</u>	Give it a go day	<u>Chip Day</u>
	Beef 5 a day Bolognaise with pasta shapes (Barley, celery, egg)	Our own pizza (milk, wheat, celery) Pepperoni	Tender Roast pork	Meatball Sub (Homemade meatballs in our own marinera sauce) Topped with mozzarella cheese (celery, wheat, dairy)	Fish Fingers (wheat, fish)
	5 a day Bolognaise with pasta shapes(V) (Celery)	Margarita Pizza (V) (wheat, celery)	Quorn slices (wheat, celery,)	Vegi sub rolls (V) In our sauce (celery, wheat, dairy)	Vegi sausages (V) (wheat)
Week 2	Grated cheese (milk) Crusty bread (wheat) Broccoli/ Carrots Mixed salad	Mini Jacket Potatoes Green beans & Sweetcorn Tomato salad	Crispy roast potatoes Roasted root veg Cabbage/Peas Gravy (soya) white bread (wheat)	Pasta shapes in tomato sauce (wheat, celery) Mixed green salad Broccoli & carrot	Chips Peas/beans Coleslaw (eggs) Bread & butter
	Chocolate Fudge Cake wit fresh berries (dairy, egg, wheat) Yoghurt (milk) Jelly pots	Butter cookies (dairy, eggs, wheat) Fruit slices Yoghurts (milk) Jelly pots	Tropical fruit pudding (milk, eggs, wheat) Fresh fruit & Jelly Yoghurt (milk)	Banana muffins (eggs, dairy, wheat) Fresh fruit & jelly Yoghurts (milk)	Raspberry Roulade (dairy, eggs, wheat) Fruit Slices & Jelly Yoghurts (milk)
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	Pasta Day	Children's Favorites	Traditional Roast <u>Day</u>	Give it a go day	Chip Day
	Lean beef lasagna (wheat, dairy celery)	All day breakfast	Roast tender chicken	Chicken tandoori (dry) (dairy) Light Tikka sauce (dairy)	Salmon fishcakes (wheat, fish)
	Vegi lasagna (wheat, celery, dairy) or dairy free lasagna (dairy, wheat)	Sausages or Quorn sausages (V) Bacon, scrambled eggs, beans, hash browns and tomato	Quorn dippers (V) (wheat)	Veg and Quorn curry (V)	Veggie Quiche (wheat)
Week 3	Garlic bread (wheat) Cucumber and carrot sticks Broccoli / Carrots	White bread (wheat)	Stuffing (wheat, dairy) Crispy roast potatoes Cauliflower, peas & carrots Gravy (wheat)	Rice (gluten) Homemade Nann bread (wheat) Cucumber salad Broccoli/Sweetcorn	Chips Peas/beans Mixed salad Bread
	Cornflake cookies (dairy, eggs, wheat) Fresh fruit Yoghurts (milk)	Vanilla & Strawberry cupcakes (dairy, eggs, wheat) Jelly & Fresh Fruit Yoghurts (milk)	Mini fruit pavlovas (egg, dairy) Jelly & fresh fruit salad	Chocolate brownies (wheat, dairy, eggs) Jelly & Fruit Yoghurts (Milk)	Fruit Flat Jacks (gluten, dairy) Fresh fruit & jelly Yoghurts (milk)
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